



## **9 DAY NOVENA TO OUR LADY OF GOOD HEALTH**

***(To be recited at the end of the Litany to Our Lady of Good Health)***



### **FIRST DAY**

O Immaculate Virgin! God's sublime creation. The Almighty had done great things in you.

As He gathered all waters in the sea at the time of creation, so He has enriched you with his richness of grace and beauty.

O renowned fame of the human race! Supreme beauty of the earth!

Holy temple of God! Garden of the Blessed Trinity, We praise you.

We pray to you, dear Mother of Health, to intercede for the church, for the Holy Father and all men of good will.

Protect all your children and obtain for them health of soul and body.

Holy Mother, save the youth from the danger of falling into the darkness of sin, and guide them along the path of purity. Preserve the virgins in their chastity; protect the bond of love in every family.

Indeed, you are the model to the parents; protector of the widows, shelter of the broken-hearted, treasure for the needy and health of the sick. We beg you to obtain for us the grace and love of God so that we may remain faithful children of God.

**Amen.**

### **SECOND DAY**

Our dear Mother, You are the splendour of the race of David, the gem among the Jewish women.

We admire at your beauty. You were born immaculate to destroy the kingdom of Satan.

You brought forth Christ, the divine light to remove the darkness of sin from the world.

O Virgin undefiled, and Mother most Amiable, we recourse to you with full confidence.

Our hearts are delighted as we utter your sweet name.

Mary our Mother, Grant us health of mind and body and lead us in the path of light and holiness.

**Amen.**

### **THIRD DAY**

Hail Mother of our love! You are our model of holy life.

Renouncing all earthly affection, you consecrated yourself to God and spent your days in prayer in His temple.

But we who have been consecrated through baptism have not been faithful to our baptismal promise. Often we failed and became unfaithful children.

We sought after the worldly amusements: We offended our divine redeemer by our sins.

Immaculate Mother who brought the divine mercy to us sinners, we regret for all our sins and beg through you for God's mercy and pardon.

Stretch out your loving arms towards us, that we may drink the living water of Christ within your embrace.

**Amen.**

### **FOURTH DAY**

O Mother of Health, We are proud of you, being the mother of our Lord, Jesus Christ.

We praise you in great joy of our heart.

We meditate with devotion on the glad tidings, the angel Gabriel brought to you.

Hail Mary, full of grace! You have been raised to the dignity of the mother of god by your submission. The God of grace assumed our human nature and lived in your blessed womb.

You are blessed among women. We pray to you that we may bear in us our loving god and be filled with his grace.

Help us that we may be humble and chaste to resemble you and be enriched with the gifts of the Holy Spirit.

We ardently desire to be united with our God through the fruitful reception of the sacraments.

O our Heavenly Mother, we call you blessed and entreat you to bless us all with your loving arms, which embraced our divine master.

**Amen.**

## **FIFTH DAY**

**O spotless Virgin Mother of Health our heavenly benefactress, Hail!**

**Elizabeth received many favours for herself and for her family during your stay at home.**

**Choosing Vailankanni as the place of your throne, you bless and obtain numerous favours, for all those who seek your help; the blind obtain their sight; the dumb speak; the lame walk; the sick with no other hope of cure, are cured by you.**

**Merciful Mother, we thank you for your favours shown to our brethren in need, and through you we adore and glorify your almighty son, Our Lord Jesus Christ.**

**We pray to intercede for us in all our needs as your motherly heart knows them.**

**Obtain God's mercy for those who offended Him, and convert such hardened sinners to become His true friends.**

**Amen.**

## **SIXTH DAY**

**O Immaculate Mother, who can ever describe your renowned fame?**

**The God of Heaven came to this earth through you. Bearing Jesus in you, you gave him your whole self to form his human body.**

**Virgin Mother of God, we praise you and pay our homage to you.**

**You, who reside in heaven with your divine son, are our sweetness, you, who radiate the light of the eternal light, are our guide; we pray you teach us to love your Divine Son more and more. We acknowledge him to be our king, and you to be our queen, He is our mediatrix between the Heavenly Father and the human race; you are the mediatrix between our lord and us, the poor sinners.**

**Jesus is the way and you are its entrance. O fair flower of the race of David, through you our creator became our redeemer; the God of all present was carried in your blessed womb; the God who feeds all, was fed by you.**

**Most Nobel Mother, all generations call you blessed.**

**We pray to you to show your motherly love towards us, your poor children, and to lead us to eternal salvation.**

**Amen.**

## **SEVENTH DAY**

**Our Merciful Mother of Dolours, you suffered with your divine son for our sake.**

**We grieve for all our sins and offer our sufferings in union with you, so that we may obtain God's mercy.**

**We pray to you to remove from our hearts all sinful affections and inclinations, and to inflame within our souls the ever glowing love for God.**

**Our loving Mother most pure, defend us from all dangers both of soul and body.**

**Like the bird that escapes in the air at the sight of a hunter, and like the deer that hides in its shelter at the sight of a tiger, we have our recourse to your most Immaculate Heart, where we are sure to be safe.**

**Holy Mother lead us on safely till we reach our eternal life, where we will praise God in union with you For ever and ever.**

**Amen.**

## **EIGHT DAY**

**Hail, holy temple of God and seat of wisdom. The Ark of the Covenant was made of cedar and covered with gold. God has adorned you with all graces and immortality.**

**Virgin Mother conceived without original sin, pray for us your poor children that we may also assume our glorious body at the time of our resurrection.**

**Make eternal light enlighten our darkened ways, so that we may wake up and reach safely our destination.**

**We are your children, entrusted to your motherly care by your Divine Son, while he was on the cross. Our dearest Mother protect us, obtain for us all that we need for our soul, and preserve us all in good health.**

**Amen.**

## **NINETH DAY**

**Our Mother of Health, Vailankanni, we proclaim your glory and call the whole creation with all the creatures to join in our song of rejoicing.**

**All God's creatures and creation bless and praise our Mother of Health, Our Heavenly Queen.**

**Angels of God bless and praise our Lady of Health, the queen of all angels. All that are above praise the Queen of all things. All saints in heaven bless and praise Our Lady of Health.**

**Sun and moon, praise our Heavenly Queen; bless and praise our Lady of Health. Sun and moon, praise our Heavenly Queen; stars that shine above, praise our Mother of Health;**

**Rain and snow praise our Heavenly Queen; heat and cold, praise our Lady of Health; mountains and valleys, praise our Heavenly Queen; light and darkness praise our Mother of Health, clouds and lightning praise our Heavenly Queen.**

**All plants and trees that grow on earth praise our Mother of Health.**

**Storms, springs and rivers praise our Heavenly Queen; sea and all that live there in praise our Mother of Health.**

**Birds and all animals on the earth praise our Heavenly Queen.**

**Accept our praises and those of the whole creation, we pray to you our Mother of Health and bless us all with health of soul and body.**

**Obtain all graces we need to be holy and make us pleasing children in the presence of God.**

**May God's reign come on earth and may His holy name be praised by all men through you, Holy Mother.**

**Amen.**