

**PARISH OF THE SACRED HEART OF JESUS**  
**Church of the Sacred Heart of Jesus, 152 Jalan Peel, 55100 KL**  
**Chapel of Our Lady of Good Health, Lorong 1, Kampung Pandan, 55100 KL**  
**Tel: 03-9284 9973 / Email: [sacredheartkl@archkl.org](mailto:sacredheartkl@archkl.org) / Website: [www.sacredheartkl.org](http://www.sacredheartkl.org)**  
 Parish Priest: Msgr Rev. Fr. Stanislaus Soosamariam  
 Priest In Residence – (OLGH) Archbishop Emeritus Murphy Pakiam

Parish Pastoral Council Chair-Person: <b>Stephanie Chia</b> (Tel No. 012- 401 7456)	<u>Parish Office:</u> Monday – Friday 9.00 am – 5.00 pm Saturday 9.00 am – 5.00 pm Sunday 9.00 am – 1.00 pm Lunch Hour 1.00 pm – 2.00 pm
--	--

Archdiocesan & Parish Theme 2022 – Salt of the Earth  
 and Light of The World  
**February: Family & Unity**

**PROGRAM OF THE WEEK (Feb 18<sup>th</sup> 2023 – Feb 26<sup>th</sup> 2023)**  
**SEVENTH SUNDAY OF ORDINARY TIME (Psalter III)**

JAN	TIME/PLACE	DESCRIPTION	ANIMATION BY
<b>Sat 18<sup>th</sup></b>	8.00 am OLGH 6.00 pm SHC	<b>Our Lady of Lourdes</b> Mass Mass (preceded by Rosary + Novena to OMPH)	LOM Altars Servers
<b>Sun 19<sup>th</sup></b>	7.30 am SHC 9.30 am SHC 11.30 am SHC 3.30 pm LSP 5.30 pm OLGH	<b>Seventh Sunday of Ordinary Time (Psalter II)</b> Mass (T) Mass (E) Mass (M) Mass Mass (E/T)	Zone B & C St. Anne St. Augustine  St. Peter
<b>Mon 20<sup>th</sup></b>	6.15 am SHC	Mass	
<b>Tue 21<sup>st</sup></b>	6.15 am SHC 7.30 pm OLGH	<b>St. Peter Damian memorial</b> Mass  Sunset Mass	
<b>Wed 22<sup>nd</sup></b>	6.30 am SHC 8.00 pm SHC	<b>Ash Wednesday</b> Mass Mass	
<b>Thu 23<sup>rd</sup></b>	6.30 am SHC	Mass	
<b>Fri 24<sup>th</sup></b>	7.00pm SHC 8.00pm SHC	Stations of the Cross (ML) followed by Chaplet & Novena to the Sacred Heart Mass	PIHDM
<b>Sat 25<sup>th</sup></b>	8.00 am OLGH 6.00 pm SHC	<b>Saturday Mass of Our Lady</b> Mass Mass (preceded by Rosary + Novena to OMPH)	LOM St. Joseph
<b>Sun 26<sup>th</sup></b>	7.30am SHC 9.30am SHC 11.30am SHC 5.30pm OLGH	<b>First Sunday of Lent (Psalter I)</b> Mass (T) Mass (E) Mass (M) Mass (E/T)	Youth St. Padre Pio St. Gabriella St. Joachim

**BEC Mass Animation – SECOND SUNDAY OF LENT (PSALTER II)**

	English	Tamil	Mandarin	CGH
3 <sup>rd</sup> Fri	Zone C			
4 <sup>th</sup> Sat	St. Jude			LOM
5 <sup>th</sup> Sun	St. Gregory	RCIA & CC	St. Matteo Richi	EMHC

**ANNOUNCEMENT**

**ASH WEDNESDAY – Feb 22**  
 Ash Wednesday on 22 Feb begins the 40day Lenten season.

**Mass Timings are as follows**

Date	Day	Time	Place
21 Feb	Tuesday	7.30 pm	OLGH
22 Feb	Wednesday	6.30 am	SHC
		8.00 pm	SHC

**MORNING MASS – LENT**  
 Weekday Mass during the Lenten session will be celebrated at 6.30am from Monday – Thursday.

**INVITING ALL CAMPUS & WORKING YOUTHS**  
 The SHC Youth Ministry is inviting all young people in our Parish to a youth gathering on Friday, Feb 24 after Mass in Room 5.2. For further details, kindly contact Crystal Yee at 016 312 2491

**MEETINGS**  
 Thur Feb 23 @ 8.00pm **BECCOT** @ Rm 2.7  
 Thur Feb 23 @ 8.30pm **PIHDM** @ Rm 1.15  
 -----  
**NOTICE**  
 Please take note that if you have made a change in the dates for meeting, kindly check with the parish office on the availability of Fr. Stan .

**COLLECTION FOR LSP MISSION**  
 Kindly take note that the Sisters from the Little Sisters of the Poor will be here at our parish on 25 & 26 Feb at the weekend Masses. Your generosity is much appreciated.

**GOD BLESS YOUR GENEROSITY**  
 Feb 11<sup>th</sup> & 12<sup>th</sup> **RM7,407.30**  
**Cheque payable to “Sacred Heart Church”**  
**Bank: Maybank Act No. 5645-4810-5594**

**SERVANT LEADERSHIP**  
 The Parish Pastoral Council (PPC) is organizing a formation for parish leaders to attend. It will be on Saturday, 4 March 2023 from 8.30am – 4.30pm at Room 2.7.

Parishioners are also welcome to participate in this event. Please register through your respective BECs. **Closing date is 28<sup>th</sup> Feb.**  
*Registration fee is RM10/-*  
*“Take my yoke upon you and learn from me for I am gentle and humble of heart” Mt 11:29”*

**EXPERIENCE THE LENTEN JOURNEY- MARCH 18**  
 Conducted by Msgr. Stanislaus in Tamil on Saturday 18 March 2023 from 8am – 4pm at Rm2.7. Please register with Ann Elizabeth @ 016 – 3225612 or Maria Pusham @ 014-6476703

**UNDERSTANDING TOXIC SHAME & HEALING**  
 A session presented by Gerard Koe from Australia on Sat March 4, 2023 from 10am – 11.30am via zoom. Kindly contact 017-915 6118 or 03-8211 8214 for details.  
 This is organized by Archdiocesan Mental Health Ministry.

**ACTIVITIES**  
 Please note that when Mass is in progress, there should not be any activities going on in the cover link.

**HELP FOR TURKEY & SYRIA continues**  
 The Embassy of Turkey is appealing for necessities like winter clothing, basic amenities and food for its people. The parish is requesting sweaters and bedsheets for a start. You may drop them off at the hall. Designated boxes are placed in the hall.