

**PARISH OF THE SACRED HEART OF JESUS**  
**Church of the Sacred Heart of Jesus, 152 Jalan Peel, 55100 KL**  
**Chapel of Our Lady of Good Health, Lorong 1, Kampung Pandan, 55100 KL**  
**Tel: 03-9284 9973 / Email: [sacredheartkl@archkl.org](mailto:sacredheartkl@archkl.org) / Website: [www.sacredheartkl.org](http://www.sacredheartkl.org)**  
 Parish Priest: Msgr Rev. Fr. Stanislaus Soosamariam  
 Priest In Residence – (OLGH) Archbishop Emeritus Murphy Pakiam

Parish Pastoral Council Chair-Person: <b>Stephanie Chia</b> (Tel No. 012- 401 7456)	<u>Parish Office:</u> Monday – Friday 9.00 am – 5.00 pm Saturday 9.00 am – 5.00 pm Sunday 9.00 am – 1.00 pm Lunch Hour 1.00 pm – 2.00 pm Public Holiday Closed
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Archdiocesan & Parish Theme 2025 – Celebrating, Listening and Walking as Pilgrims of Hope  
**Mac: Creating time for bonding, formation & prayer**  
**Called to nurture family values and relationships**

**PROGRAM OF THE WEEK (22<sup>nd</sup> March 2025 - 30<sup>th</sup> March 2025)**  
**THIRD SUNDAY OF LENT (PSALTER III)**

MAC	TIME/PLACE	DESCRIPTION	ANIMATION BY
<b>Sat 22<sup>nd</sup></b>	8.00 am OLGH 6.00 pm SHC	Mass Mass (Rosary & Novena before Mass)	LOM St. Theresa Calcutta
<b>Sun 23<sup>rd</sup></b>	7.30 am SHC 9.30 am SHC 11.30 am SHC 5.30 pm OLGH	<b>THIRD SUNDAY OF LENT(1<sup>st</sup> Scrutiny)</b> Mass (T) Mass (E ) Mass (M) Mass (E/T)	St. Joseph Std Four students St. Gabriella St. Peter
<b>Mon 24<sup>th</sup></b>	6.15 am SHC	Mass	
<b>Tue 25<sup>th</sup></b>	<b>7.30 pm</b> SHC	<b>ANNUNCIATION OF THE LORD</b> Mass	
<b>Wed 26<sup>th</sup></b>	6.15 am SHC	Mass	
<b>Thu 27<sup>th</sup></b>	6.15 am SHC	Mass	
<b>Fri 28<sup>th</sup></b>	7.30 pm OLGH 7.30 pm SHC	<b>Mass</b> followed by Way of the Cross Way of the Cross followed by <b>Mass</b>	Zone F Migrant Ministry
<b>Sat 29<sup>th</sup></b>	8.00 am OLGH 6.00 pm SHC	Mass Mass preceded by Rosary & Novena	LOM St. Catherine
<b>Sun 30<sup>th</sup></b>	7.30 am SHC 9.30 am SHC 11.30 am SHC 3.45 pm LSP 5.30 pm OLGH	<b>FOURTH SUNDAY OF LENT</b> Mass (T) Mass (E) Mass (M) Mass Mass (E/T)	St. Christopher St. John Vianney St. Augustine  Zone B

**BEC Mass Animation FIFTH UNDAY OF LENT (Psalter I)**

	English	Tamil	Mandarin	OLGH
<b>4<sup>th</sup> April Fri</b>	<b>Liturgy</b>			<b>Zone F</b>
<b>5<sup>th</sup> April Sat</b>	<b>St. Justin</b>			<b>LOM</b>
<b>6<sup>th</sup> April Sun</b>	<b>Zone G</b>	<b>Sunday Class</b>	<b>St. Matteo Ricci</b>	<b>St. Joachim</b>

1. Taekwondo classes will be offered free for school going children every Thursday from 5.00pm – 7.00pm at the Cover link courtesy of the Myanmar Community.
2. Kindly keep the church and its premises clean.

**ANNOUNCEMENT**

**ECOLOGY – ENSURING ONGOING EDUCATION AND IMPLEMENTATION AT ALL LEVELS**

1. **Family** – To accompany those in need and building God-centered families
2. **Church** – To be Merciful and witness Christ Jesus and to evangelize
3. **Ecology**- To be Stewards of Creation and take ownership of saving the environment
4. **Society** - To be Prophetic and build harmonious collaboration with gospel values

**BE RECONCILED THIS LENT**

(Penitential Services)  
South District Churches

Date	Day	Church	Time
1 Apr	Tue	St. Francis of Assisi	7.30pm
3 April	Thur	Sacred Heart, KL	8.00pm
10 Apr	Thur	Holy Family Kajang	8.00pm

**For penitential services in other churches, please refer to the Notice Board**

**CHRISM MASS - SHC**

The Blessing of the Holy Oils will take place on Tuesday 8<sup>th</sup> April at 7.30pm at our Parish. You are cordially invited to attend and are encouraged to use public transport. You may also watch live the Mass at this link below

<https://TV.ArchKL.org>

**CREATION JUSTICE MINISTRY**

The parish is embarking on becoming an ecological parish. Tuesday saw the launch of this event with a few activities and talk. As we proceed going forward, we are calling for parishioners to be a part of this ministry. Those interested to join please contact Elena Shi at 013 8500 500

**CHOICE ENGLISH WEEKEND**

The coming program will run from 23<sup>rd</sup> – 25<sup>th</sup> May 2025 at APC, KL. Registration is now open and you may register at <https://2ly.link/25LUJ> or contact Colin 018-269 4112 or Davina @ 011-2616 4060 for details. This program helps young single adults discover the meaning of relationship.

**RETRouvaille RETREAT**

Posters can be found around the church premises

**BEC YOUTH REP GATHERING**

Sun **23 March** all parish BEC youth reps are requested to attend a meeting at Room 2.7 from 11.00 am – 1.00pm Please contact Steven Raj @ 017-693 9560

**YOUTH COMMUNITY GATHERING**  
**Theme: Ecology**

All young people are invited to join in the gathering on Monday 24 March 2025 at 7.30pm in Room 5.2  
Do invite a friend to come along.

**MARRIAGE ANNULMENT IN THE CATHOLIC CHURCH**

There will be a session on a journey of healing & understanding in a marriage on Saturday 3 May 2025 from 9.30am – 1.00pm at the Parish Hall. All Leaders and RCIA facilitators, CMPC facilitators and those seeking clarity on the annulment process are invited to attend. Please register through your BEC or through your ministry.

**GOD BLESS YOUR GENEROSITY**

Ash Wednesday	RM10,931.10
15 <sup>th</sup> 7 16 <sup>th</sup> March	RM7,438.65

**For Online Banking:**  
**Cheque payable to “Sacred Heart Church”**  
**Bank: Maybank Act No. 5645-4810-5594**

**PIHDM PROJECTS FOR LENT**

1. Women’s Bazaar on 23<sup>rd</sup> & 30<sup>th</sup>
2. Food Bank in need of topping up.
3. Pre-loved items, food & Vegetables can be donated for these projects.