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|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------|----------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------|
| <div>PARISH OF THE SACRED HEART OF JESUS</div> <div>Church of the Sacred Heart of Jesus, 152 Jalan Peel, 55100 KL</div> <div>Chapel of Our Lady of Good Health, Lorong 1, Kampung Pandan, 55100 KL</div> <div>Tel: 03-9284 9973 / Email: <a href="mailto:sacredheartkl@archkl.org">sacredheartkl@archkl.org</a> / Website: <a href="http://www.sacredheartkl.org">www.sacredheartkl.org</a></div> <div>Parish Priest: Msgr Rev. Fr. Stanislaus Soosamariam</div> <div>Priest In Residence – (OLGH) Archbishop Emeritus Murphy Pakiam</div> <div>Deacon. in Residence - Albert Arputhan</div> |                                                      |                                  |                                                                                                                                                                                                                      |                                                             |
| <div>Parish Pastoral Council Chair-Person: Sharon Priya</div> <div>Archdiocesan &amp; Parish Theme 2026 – Walking together towards a Synodal and Prophetic Church</div> <div>OCTOBER: Being Missionary Disciples</div> <div>Sharing responsibilities for mission by reaching out to the peripheries and those of special needs</div>                                                                                                                                                                                                                                                         |                                                      |                                  | <div>Parish Office:</div> <div>Monday – Friday9.00 am – 5.00 pm</div> <div>Saturday9.00 am – 5.00 pm</div> <div>Sunday9.00 am – 1.00 pm</div> <div>Lunch Hour1.00 pm – 2.00 pm</div> <div>Public HolidayClosed</div> |                                                             |
| <div>PROGRAM OF THE WEEK (17<sup>th</sup> October 2026 – 25<sup>th</sup> October 2026 )</div> <div>29<sup>th</sup> SUNDAY IN ORDINARY TIME</div>                                                                                                                                                                                                                                                                                                                                                                                                                                             |                                                      |                                  |                                                                                                                                                                                                                      |                                                             |
| OCT                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          | TIME/PLACE                                           |                                  | DESCRIPTION                                                                                                                                                                                                          | ANIMATION BY                                                |
| Sat 17 <sup>th</sup>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         | 8.00 am<br>6.00 pm                                   | OLGH<br>SHC                      | ST. IGNATIUS OF ANTIOCH<br>Rosary followed by Mass<br>Rosary, Novena followed by Mass                                                                                                                                | LOM<br>Zone A                                               |
| Sun 18 <sup>th</sup>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         | 7.30 am<br>9.30 am<br>11.30 am<br>3.45 pm<br>5.30 pm | SHC<br>SHC<br>SHC<br>LSP<br>OLGH | 29 <sup>th</sup> SUNDAY IN ORDINARY TIME<br>Mass ( T )<br>Mass (E)<br>Mass (M)<br>Mass (for Residents only)<br>Mass (E/T)                                                                                            | St. James<br>PIHDM<br>St. Augustine<br><br>Zone F           |
| Mon 19 <sup>th</sup>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         | 6.15 am                                              | SHC                              | SS. JOHN de BREBEUF & ISAAC JOGUES<br>Mass                                                                                                                                                                           |                                                             |
| Tue 20 <sup>th</sup>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         | 7.00pm                                               | SHC                              | Mass                                                                                                                                                                                                                 |                                                             |
| Wed 21 <sup>st</sup>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         | 6.15 am                                              | SHC                              | Mass                                                                                                                                                                                                                 |                                                             |
| Thu 22 <sup>nd</sup>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         | 6.15 am<br>7.00 pm                                   | SHC<br>SHC                       | ST. JOHN PAUL II<br>Mass<br><br>Holy Hour                                                                                                                                                                            |                                                             |
| Fri 23 <sup>rd</sup>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         | 7.00 pm                                              | SHC                              | ST. JOHN OF CAPESTRANO<br>Mass                                                                                                                                                                                       | Liturgy                                                     |
| Sat 24 <sup>th</sup>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         | 8.00 am<br>6.00 pm                                   | OLGH<br>SHC                      | ST. ANTHONY MARY CLARET<br>Rosary followed by Mass<br>Rosary, Novena followed by Mass                                                                                                                                | LOM<br>St. Francis Assisi                                   |
| Sun 25 <sup>th</sup>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         | 7.30 am<br>9.30 am<br>11.30 am<br>3.45 pm<br>5.30 pm | SHC<br>SHC<br>SHC<br>LSP<br>OLGH | 30 <sup>th</sup> SUNDAY IN ORDINARY TIME<br>Mass (T)<br>Mass (E)<br>Mass (M)<br>Mass (For Residents only)<br>Mass (E/T)                                                                                              | St. Joseph<br>Zone D<br>St. Matteo Richi<br><br>St. Joachim |

### 31st SUNDAY IN ORDINARY TIME (ALL SAINTS)

|                          | English     | Tamil           | Mandarin     | OLGH           |
|--------------------------|-------------|-----------------|--------------|----------------|
| 30 <sup>th</sup> Oct Fri | Zone F      |                 |              |                |
| 31 <sup>st</sup> Oct Sat | St. Gregory |                 |              | LOM            |
| 1 <sup>st</sup> Nov Sun  | St. Justin  | St. Christopher | St. Martinus | Music Ministry |

Bi-Monthly CCR Prayer Meeting – Fri Oct 30<sup>th</sup> 2026 with Deacon Albert Arputhan

## ANNOUNCEMENT

### OCTOBER – MISSION MONTH THE PONTIFICAL SOCIETY OF MISSIONARY CHILDHOOD

Catechism children between the ages of 4-14 are encouraged to save their pocket money and share it with children who live in trouble and poor countries. Stickers have been distributed at your Sunday class. For any details please contact Angeline Fong, the Catechetical Coordinator.

**Theme: We are one in Christ, Children united in Mission**

### 11<sup>th</sup> INTERNATIONAL DAY FOR CHRISTIAN YOGA & MEDITATION

This event will take place at the Church of St. Joseph, Sentul on Sat 31 October 2026 from 8am – 1.00pm. This is a collaborative effort among some churches in the KL Archdiocese. Please register via [https://docs.google.com/forms/d/e/1FAIpQLSfKvcyt11MoqaDniFnEagi-te29taj9pOdCzNmFew6LTS1eQ/viewform?usp=send\\_f](https://docs.google.com/forms/d/e/1FAIpQLSfKvcyt11MoqaDniFnEagi-te29taj9pOdCzNmFew6LTS1eQ/viewform?usp=send_f) or for further details contact Arul Anthony @ 012-2192469

### CHILDREN'S CHOIR

There will be a practice for children who are keen to share their voices. Held on Saturday 17 October at 10.00am. Please contact Dennis or Stephen @ 012-976 5887 for details.

### PESTA KAMI – CAMPUS EDITION

**Finding Courage in God's Presence**

A day of prayer and formation with Brother Jean-Patrick of Taizé on Sat 14 November from 12.30pm – 8.30pm at the Holy Family Church, Kajang. Those who are 18 -30 are encouraged to attend. A love offering RM 15 is appreciated. Please register at [asayokl.my/PK16](http://asayokl.my/PK16)

**FOOD BANK is still open**

### THE ART OF LISTENING AND DISCERNMENT

Facilitated by Dr. Kenjie I. Cortez from the Department of Theology, Ateneo de Manila University. He will present this session on Saturday 14 Nov 2026 from 9am – 5.00pm at the Holy Family Church, Kajang. Admission is free. However registration is needed for logistics purposes at <https://forms.gleWHNbct9UqrRrgIF79>

### HALL UPGRADING PROJECT – SHC 22 NOVEMBER 2026

An 8 course dinner, fresh from the stove will be presented for RM120/- per person. A Donation Card is also available for the fundraising. Every RM150 from the donation card can be redeemed for a dinner ticket. More in-depth details can be found in the posters located at the Notice Board. You may check with the parish office or your BEC leaders. Let us as one family come together to help improve and upgrade all fixtures and fittings for the safety and comfort of all.

### MOVIE NIGHT @ THE PARISH HALL

Parishioners are invited to come together with your friends and family to watch the life of St. Therese of Lisieux, the Little Flower, who intercedes for us with simplicity, love, and trust in God.

Make a date on **31 October at 7.30pm**  
**This month dedicated to Mission come see how to witness Christ**

### GOD BLESS YOUR GENEROSITY

|                                             |            |
|---------------------------------------------|------------|
| 10 <sup>th</sup> & 11 <sup>th</sup> October | RM6,564.90 |
|---------------------------------------------|------------|

For online Banking:  
 Cheque payable to “Sacred Heart Church”  
 Bank: Maybank Act No. 5645-4810-5594

### HOLY HOUR – EVERY THURSDAY

Jesus only asked us to spend an hour with him in prayer. Will you say YES?